

GTA | Guião de Trabalho Autónomo n.º 2

INGLÊS 10.º ANO

Tema 1: Um mundo de muitas línguas Subtema 1: Cyber friends



WHY LEARN ABOUT... ?



WHAT AM I GOING TO LEARN?



HOW WILL I LEARN?



WHAT DID I LEARN?



HOW CAN I LEARN MORE ABOUT THIS TOPIC?



WHY LEARN ABOUT...?

With the rise of social media, gaming platforms, and instant messaging, cyberbullying has become a serious issue affecting people of all ages, especially teenagers. Learning about it will help you recognise warning signs, understand the emotional and psychological impact, and take steps to prevent and respond to online harassment.



WHAT AM I GOING TO LEARN?

COMPETÊNCIA COMUNICATIVA

Compreensão oral

Compreender um discurso fluido e seguir linhas de argumentação dentro das áreas temáticas apresentadas.

Compreensão escrita

Ler e compreender diversos tipos de texto, dentro das áreas temáticas apresentadas, recorrendo, de forma adequada, à informação visual disponível; decodificar palavras-chave/ideias presentes no texto; interpretar informação explícita e implícita, pontos de vista e intenções do(a) autor(a).

Interação oral

Interagir com eficácia progressiva, participando em discussões, no âmbito das áreas temáticas.

Produção escrita

Planificar e elaborar uma atividade de escrita de acordo com o tipo e função do texto e o seu destinatário, dentro das áreas temáticas apresentadas, integrando a sua experiência e mobilizando conhecimentos adquiridos em outras disciplinas.

COMPETÊNCIA ESTRATÉGICA

Comunicar eficazmente em contexto

Adaptar o discurso ao registo do interlocutor, utilizando vocabulário e expressões idiomáticas correntes, assim como estruturas frásicas diversas.

Colaborar em pares e em grupos

Participar em atividades de par e grupo, revelando inteligência emocional em situações conhecidas.

Utilizar a literacia tecnológica para comunicar e aceder ao saber em contexto:

Demonstrar progressivamente autonomia na pesquisa, compreensão e partilha dos resultados obtidos, utilizando fontes e suportes tecnológicos.

Pensar criticamente

Relacionar vários tipos de informação, sintetizando-a de modo lógico e coerente, com apresentação de pontos de vista e opiniões, integrando a sua experiência e mobilizando conhecimentos adquiridos em outras disciplinas.



HOW WILL I LEARN?

GTA 1: Cyber friends: trust or illusion?

GTA 2: Cyberbullying awareness

Tema 1: Um mundo de muitas línguas

Subtema 1: Cyber friends



GTA 2: Cyberbullying awareness

Learning objectives:

- Understand what cyberbullying is and its impact on individuals
- Develop an anti-cyberbullying campaign to promote awareness and prevention

Working method: class and pairs.

Resources and materials: paper and pen, internet, student's book

TASK 1**Warm-up: Class discussion**

a. Reflect upon the question “Have you ever seen or heard about cyberbullying?”

b. Discuss real-life examples of cyberbullying that you have seen or heard about (without naming people).

→ Transition to TASK 2 having in mind the importance of understanding this issue.

TASK 2**Case study: Real-life cyberbullying**

a. Watch the following two videos about real-life cases of cyberbullying. You can ask a teacher to project the videos in your classroom

1. [Roseanna's cyberbullying story](#)





2. Emma's Story: Cyberbullied by a Best Friend



b. In pairs, **answer** the following questions:

- What happened to Roseanna and Emma?
- How did Roseanna and Emma react? How did they deal with the situation?
- What are the main messages they both leave in the end?

c. Each pair **shares** their ideas with the class and **identify** possible effects of cyberbullying, and how it can be prevented.

Take notes. You may need them for the following task.

- As an alternative, you can **look for** a text on the topic of real-case cyberbullying in your student's book, read it and do the reading activities . In the end, ask a teacher to check your answers.

TASK 3

Create an Anti-Cyberbullying Campaign

In small groups, **create** an anti-cyberbullying campaign.

Ask the Citizenship Teacher/Coordinator in your school to help or guide you, if needed.

For your campaign, you can:

- **Design a poster** with a slogan and key messages
- **Create** a social media **post**.
- **Record** a short **video** raising awareness.

▪ Guiding questions:

What is your main message?

Who is your audience?

How can you make it effective?



In freepik.com



TASK 4

Self-assessment

1: Knowledge & Understanding

How well do I understand what cyberbullying is and its different forms?

Very well. Well. Not much.

Can I explain the effects of cyberbullying on victims?

Yes, confidently. Somewhat. Not really.

Do I know how to respond to and prevent cyberbullying?

Yes, with clear steps. Somewhat. No, not really.

2: Language Skills

List three new words you learned in this lesson:

1. _____
2. _____
3. _____

3: Soft Skills & Personal Growth

What soft skills did I develop in this lesson? (Tick all that apply)

- Communication
- Teamwork
- Critical thinking
- Empathy
- Creativity
- Problem-solving

How well did I contribute to my group's anti-cyberbullying campaign?

I was very active and contributed a lot.
I participated but could have done more.
I did not contribute much.

4: Reflection & Action

What was the most important thing I learned in this lesson?

What can I do to help prevent cyberbullying in my community?

Talk to an English teacher if you need any help or additional information.



WHAT DID I LEARN?

Can I...

- ... identify specific vocabulary related to cyberbullying?
- ... use specific terms in discussions and writing tasks?
- ... analyse real cases of cyberbullying and be empathetic with those involved?
- ... come up with possible solutions for cyberbullying situations?
- ... support victims and take action?
- ... work better as a team player after doing this campaign?
- ... understand the deep meaning of online safety, responsible digital behaviour, and the importance of kindness?



HOW CAN I LEARN MORE ABOUT THIS TOPIC?

- Always keep in mind that there are people who can help you professionally, when it comes to bullying or any type of harassment.



[Centro Internet Segura](#)



[Linha Internet Segura](#)



[No bully Portugal](#)

- Learn more about cyberbullying by watching *“The dangers of the internet”* (from second 49 to minute 19) and doing exercises A, B and C about the video, on the *“Avalia”* section.



[The dangers of the internet](#)