

## #ESTUDOEmCASA

BLOCO N.º 5

ANOS

10.º e 11.º

DISCIPLINA Inglês

APRENDIZAGENS ESSENCIAIS

**Competência intercultural:** reconhecer escolhas alimentares de outros países;  
**Competência comunicativa:** **compreensão oral:** Seguir instruções detalhadas dadas pelo professor; identificar o conteúdo principal do que se ouve e vê, os intervenientes e a sequência do discurso assim como informações específicas;  
**Interação/ produção oral:** interagir de forma simples ou progressivamente mais elaborada, respondendo a perguntas;  
**Compreensão escrita:** identificar informação; ler e compreender textos;  
**Interação escrita:** interagir de forma simples ou progressivamente mais elaborada, respondendo a perguntas, completando frases e redigindo tópicos.

### Tema do Bloco

## EATING HABITS

### Atividades

#### WORD FORMATION

##### 1. Complete the sentences with the word in brackets adding a suffix from the box.

- a) \_\_\_\_\_ (relation) are hard to maintain.
- b) I hope this new challenge brings you\_\_\_\_\_ (prosper).
- c) Digital \_\_\_\_\_ (pirate) has increased throughout the years.
- d) After long hours of debate, they reached an \_\_\_\_\_ (agree).
- e) Without any \_\_\_\_\_ (explain), she left.
- f) The continued \_\_\_\_\_ (exist) of the fast food industry depends on the change of people's habits.
- g) Having a balanced diet is \_\_\_\_\_ (essence) to our health.
- h) In my \_\_\_\_\_ (neighbour) we all practise sports.

#### FOOD COLLOCATIONS

##### 2. Complete the sentences with the expressions from the box.

- a) I love \_\_\_\_\_. I usually go to an Indian restaurant every weekend.
- b) I believe that your health problems are related to \_\_\_\_\_.
- c) You shouldn't eat so much \_\_\_\_\_. It's greasy and increases the risk of heart attacks.
- d) What's Sarah's \_\_\_\_\_?
- e) \_\_\_\_\_ can be enjoyable and tasty.

<b>healthy food</b> <b>favourite food</b> <b>fried food</b> <b>spicy food</b> <b>food allergy</b>
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## WRITING

### 3. What about you?

Do you have a balanced diet? Are your eating habits healthy?

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