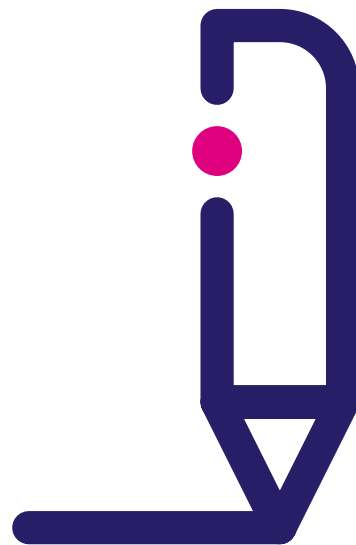




PT-UK 650

Celebrating 650 years of peaceful cooperation and cultural exchange

1st Cycle Worksheets



These materials were designed by the British Council with support from the British Embassy, Portugal and the PT-UK 650 organization, to celebrate the 650th anniversary of the first accords between Portugal and England.

Wall crawl – What was life in Medieval times like?

Worksheet 1a

What was the name of the system in Medieval times?

Where did people live?

What different jobs did they do?

How did they travel?

Did they have electricity and the internet?

What did they eat?

How did they prepare food?

Was there TV?

What sports did they do?

Name 3 games they played in Medieval times

Text 1



In Medieval times the king had lots of power and owned all the land in the country. He lived in a castle guarded by knights. The king gave some land to very rich men called 'nobles' these were Lords and Ladies. The nobles arranged soldiers and horses for the king's army to protect the kingdom.



Knights were soldiers who fought for the nobles and the King and protected the castles. The nobles also gave the knights some land.

Most people were 'peasants' who worked for the nobles: cooks, servants, craftsmen, blacksmiths and farmers who worked the land. The nobles protected them and gave them a place to live. Their houses were made of wood, mud and straw. This system was called the Feudal system



Castle



Peasant house

In Medieval Europe there was no electricity, T.V, telephone, cars or internet. They didn't even have potatoes!! They came from South America 200 years later.

Text 2

The favourite sport for the nobility was hunting. Several nobles would gather together for a hunt. They would ride horses while their trained dogs would hunt down the prey like deer, rabbits and foxes. Even noblewomen liked to hunt. They used trained birds of prey, like hawks, when hunting.

There were many athletic events at festivals and other occasions. These included archery, jousting, horse races and wrestling.



Hunting



jousting



archery



wrestling

Text 3



There was a wide variety of music during Medieval times.

Many towns had a band. They used different instruments including pipes, drums, fiddles, harps, bagpipes, and even something called a hurdy-gurdy.

a hurdy gurdy



-
-

One of the most popular forms of entertainment was the troubadour. Troubadours were men who travelled from town to town singing and playing music that told romantic stories about knights and heroes. Many troubadours became famous and performed before kings and queens. There were also jongleurs and jesters who would do acrobatics and juggling.

People of Medieval times also enjoyed games. They played Chess and other games with dice and cards.

Text 4 – Medieval feasts



Bread was not only vital to eat, it was also necessary to eat with. Bread was also used as a plate called a “Trencher”

They cooked on a fire. Rich people (the king knights and nobles) ate meat and fish. Meat was fresh, salted or smoked, and included chicken, bacon, pork, beef, mutton, duck, geese, pigeons, and wild birds such as pheasants and partridges. Deer, hares and boars captured on a hunt were also eaten.

Salmon was also popular with wine. For dessert they had fruit: oranges, lemons, pomegranites, grapes as well as honey cakes and cheese.



The poor peasants ate stew or pottage made with barley. They also ate cabbage, beans and eggs. They drank beer.

pomegranites

In Medieval times every person carried their own knife and ate with their hands. There were no forks, although spoons were used. Hands became very greasy and had to be washed both before and after the meal.



barley

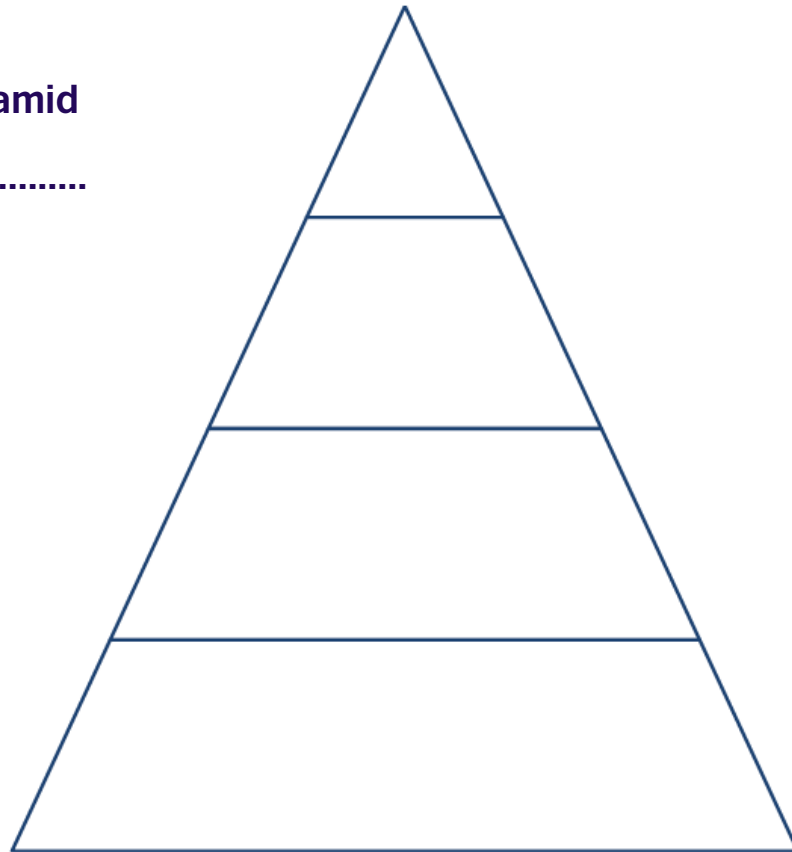
Wall crawl – What was life in Medieval times like?

Worksheet 1b

1. Complete the pyramid and draw a picture
2. Complete the gap fill with words from the box

Hierarchy: The Pyramid

Title:.....



peasants nobles king land knights

The most powerful person in the kingdom was 1. Next were very rich men called 2. The King gave 3. to the Nobles who arranged soldiers called 4. to defend and protect the King. Most people were poor 5. There were farmers who worked on the land, cooks and craftsmen.

Wedding invitation
Worksheet 2

Complete the invitation with words from the box

wedding King John 1st (João) friendship and alliance
1387 Phillipa of Lancaster in England Porto cathedral



Be it known to one and all on this day

14th February in the year

the wedding of

.....

and

.....

will take place at

.....

To celebrate the

.....

of Portugal and England

**The happy couple extend a warm invitation to join them
on this joyous occasion and afterwards for feasting and
merriment**

Entertainment



Food



Plan a party

Decorations



Games



**On this day 14th February 1387
King John 1st of Portugal will
marry Phillipa of Lancaster
England.**

**To celebrate and seal the
treaty of perpetual friendships,
unions and alliances of our 2
countries**

**There will be 10 days of feasts
and celebrations.**



Worksheet 7

Make decorations - instructions

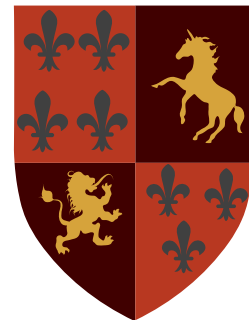
1. In your groups use materials of your choice to make the following to decorate the Great Hall.

A sword



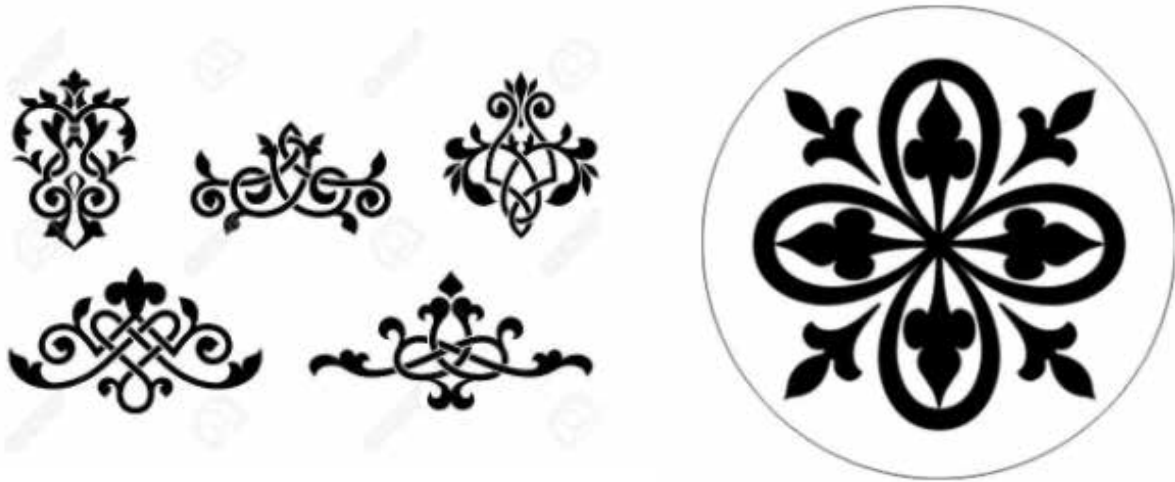
A Medieval tapestry design

A shield

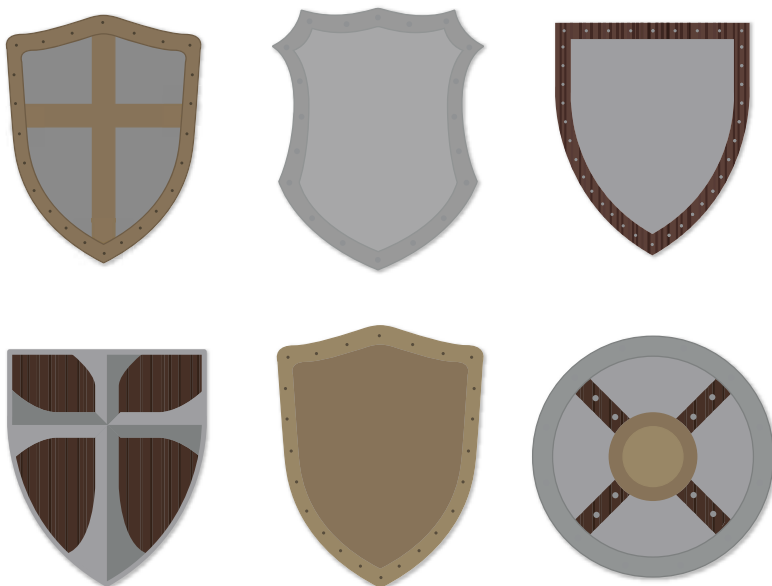


A coat of arms

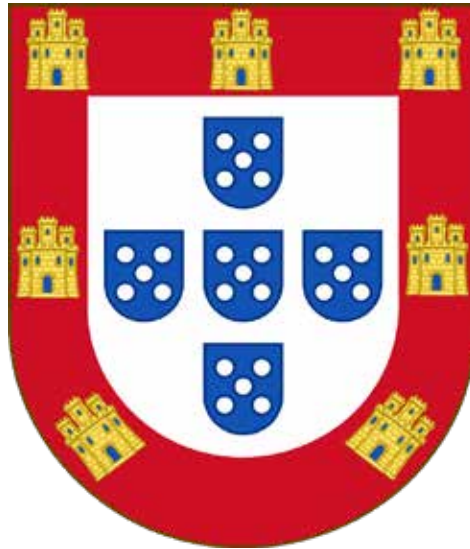
1. Look carefully at the picture of the Medieval sword. Choose your materials to make a strong sword for a knight.
2. Make a colourful design to hang on the wall of the Great Hall. There were 7 main colours in Medieval times: white, yellow, red, green, blue, purple and black.



3. Choose the shape and design of the shield you want. Choose your materials and draw and measure carefully to make a good-sized Medieval shield to hang on the wall



4. Design a coat of arms on paper or with play doh. A coat of arms is a special group of pictures or symbols belonging to a group or family. There are many coats of arms in different regions of Portugal.



The Portuguese coat of arms has five small blue shields placed in a cross, each with five silver plates and they represent the Five Holy Wounds of Christ. They are involved in a red bordure with seven castles in gold. They represent the five Moorish kings who were defeated by the first King of Portugal. These small shields are inside a white shield and this is inside a red shield (with seven small yellow castles), surrounded by



ENGLAND



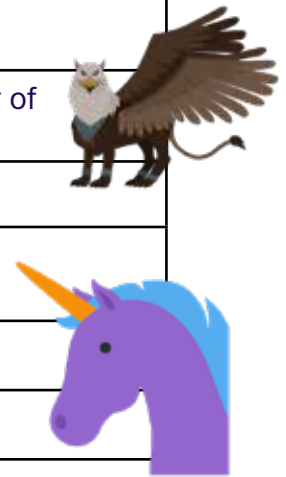
CYPRUS

Many coats of arms had animals for example lions to represent bravery or a dove to represent peace.

What can we include on your coat of arms design?

Different colours, animals and symbols meant different things:

Colours	Symbols	Animals
Yellow or Gold:: Kindness	Axe - Wellbehaved	Bee - Hard worker
White or silver- Peace and honesty	Crown - Power	Dog - Loyalty
Black and Blue - Loyal	Horns and Antlers - Strong	Dragon - Defender of Treasure
Red - Strong	Moon - Peaceful	Griffin - Bravery
Green - Hope and Joy	Ring - Loyal	Unicorn - Extreme Courage
Purple - Royalty	Sword - Warlike	
	Tower of Castle - Protective	



Family name and motto. A motto is a short phrase or sentence: a guiding principle:

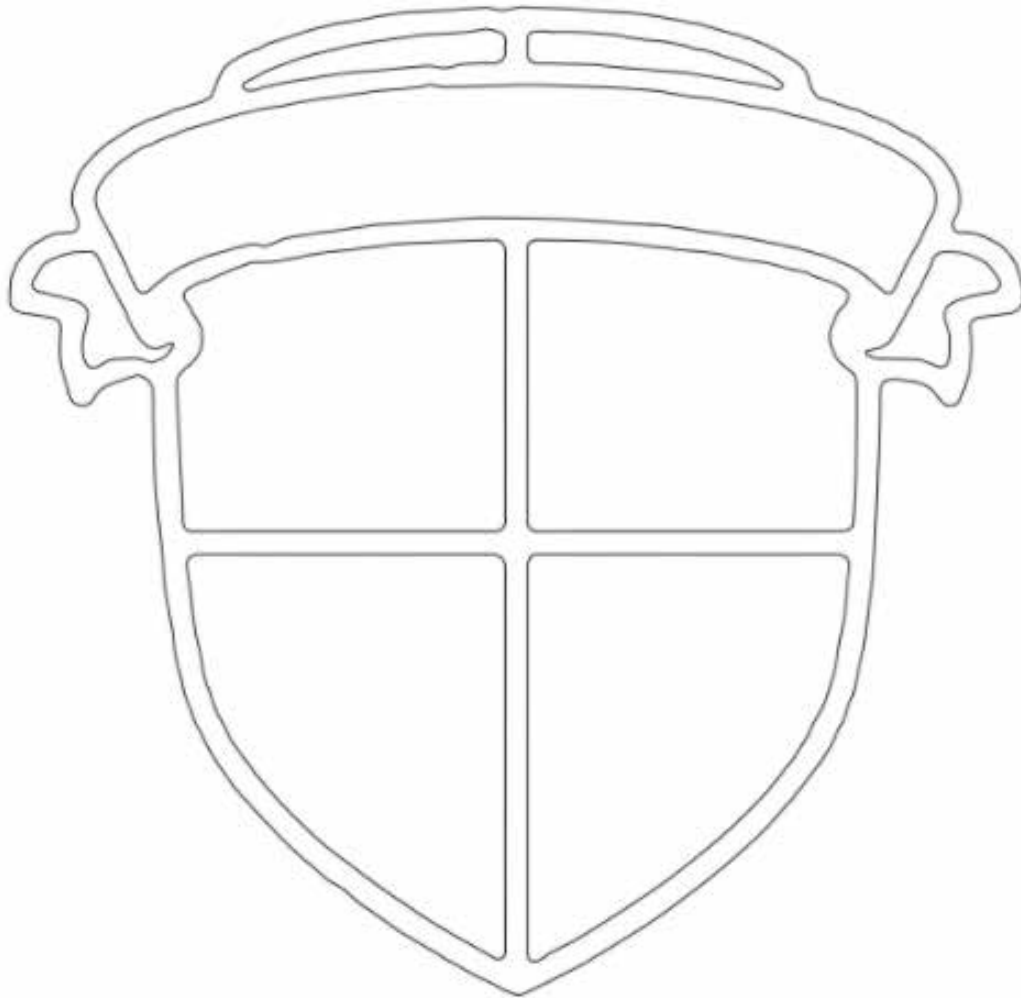
Examples: Hope and be kind, Friendship forever, united we stand



Choose 4 symbols/ pictures.

Draw or make with playdoh.

1. Examples:
2. your favourite animal
3. your favourite plant, flower or tree
4. your favourite thing to do
5. your favourite food or game.



Prepare to present your work to the class.

This is my sword. I used.....

First I

Next.....

Then....

Finally....

This is my medieval design

I chose this because

.....

The colours I used were

.....

because.....

This is my coat of arms

The first picture symbolises

The 2nd

The 3rd

and the 4th

It has my name and the motto is

because.....

This is my medieval shield

It is a shape

The design is

because.....

Game and rhyme



The rules of Quintain:

Person A sits. Person B stands facing them.

A holds up one leg, placing his/her foot against the foot of a standing person. One person tries to upend the other.

No kicking!

Ring of Roses rhyme

Ring-a-ring-a-rosies
A pocket full of posies
A tissue, a tissue
We all fall down

The robin on the steeple
Is singing to the people
A tissue, a tissue
We all fall down

The cows are in the meadow eating
buttercups
123 we all jump up!

The cows are in the meadow eating
buttercups
123 we all jump up!

The king has sent his daughter
To fetch a pail of water
A tissue, a tissue
We all fall down

The wedding bells are ringing
The boys and girls are singing
A tissue, a tissue
We all fall down

Fishes in the water, fishes in the sea
We all jump up with a 1 2 3!

Fishes in the water, fishes in the sea
We all jump up with a 1 2 3!

King João and Queen Phillipa

Our Party Plan

Event and Occasion:

Date:

Decor:

Menu:

Entertainment and Activities:

Games, sports
